



ROYAL GOVERNMENT OF BHUTAN  
MINISTRY OF EDUCATION  
DEPARTMENT OF YOUTH AND SPORTS  
Thimphu : BHUTAN



DYS/GSD (12)2021/ 1101

Date: May 5, 2021

The Chief DEO/TEO  
Dzongkhag/Thromde Administration  
All Dzongkhags/Thromdes

**Subject: Allocation of Health and Physical Education (HPE) periods**

Sir/ Madam,

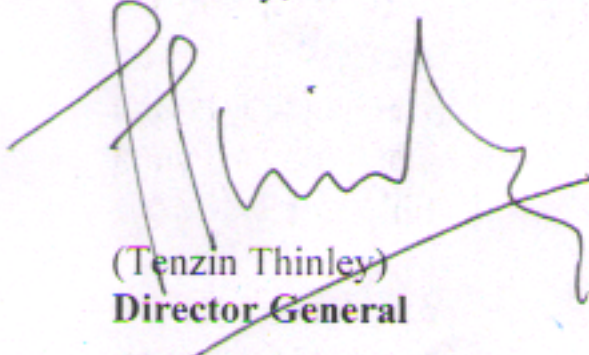
It is recently learned that few of the schools have taken unilateral decision and have not provided Health and Physical Education (HPE) period which is contrary to the circular No. MoE/DSE/SPCD/ADM(1.1)/2018/1884 dated 19<sup>th</sup> November 2018(copy attached).

It may be reiterated that HPE is a curriculum subject and like any subjects should be taken seriously as it is also considered in the overall period allocation by the then Royal Education Council (REC). As you may be aware, HPE is the only subject that is crosscutting all other subjects and directly contributes to health, physical and emotional wellbeing of children. Studies also confirm that HPE and sports properly implemented could help children develop holistically, engage meaningfully and contribute to academic success. The UNESCO as a leading UN agency also encourages all countries around the world to implement HPE and sports as part of imparting quality education.

It may also be mentioned that the GSD, DYS will continue to survey and collect data on HPE period allocations and sports calendars by schools at the end of each year which is required to prepare report and submit to the central government as part of APA requirement.

Therefore, kindly inform schools and also ensure that schools provide HPE periods as per the circular. For further clarification and support, contact the GSD, DYS or the Department of School Curriculum and Professional Development (then the REC).

Sincerely,



(Tenzin Thinley)  
Director General

CC:

1. The Hon'ble Secretary Ministry of Education, Thimphu, Bhutan.
2. The Director General, DES & DSCPD, Ministry of Education.